

# GeneReleaser®

## DNA/RNA Releasing Agent

### GeneReleaser® Protocol for Dental Plaque, Saliva and Throat Swabs

GeneReleaser® is composed of proprietary polymeric materials that quickly facilitate the release of nucleic acids from cells in a form suitable for PCR. By segregating inhibitors that are released during lysis as well as preservation agents that may interfere with amplification, GeneReleaser® provides amplifiable nucleic acids from minute amounts of material. The protocols for dental plaque, saliva and throat swabs are developed by GeneReleaser® users and have not been validated by BioVentures.

### GeneReleaser® Protocol for Dental Plaque

1. Take a small (approx. 0.1mm<sup>3</sup>) portion of plaque and vortex with 100µl normal saline in a standard amplification tube.
2. Centrifuge for 1 minute at 14,000 x g.
3. Discard the supernatant.
4. Thoroughly resuspend the contents of the GeneReleaser® tube by inverting 10-20 times or vortexing briefly.
5. Add 20µl of GeneReleaser® to cell pellet (usually around 10µl pellet volume) and vortex vigorously to resuspend the cell pellet.

7. Place samples onto thermal cycler, with a heated lid, with the following GeneReleaser® program:

Step	Temperature	Time
1.	65°C	30 sec.
2.	8°C	30 sec.
3.	65°C	90 sec.
4.	97°C	180 sec.
5.	8°C	60 sec.
6.	65°C	180 sec.
7.	97°C	60 sec.
8.	65°C	60 sec.
9.	80°C	hold

8. Once program is completed, sample is ready to use as PCR template.
9. Add appropriate volume of mastermix (80µl of a 1.25X master mix containing all components for the amplification)
10. Perform amplification reaction according to your optimized protocol.

\* GeneReleaser® treatment can also be performed in the microwave, see procedure on page 2.

### GeneReleaser® Protocol for Saliva

1. Dilute saliva 1:10 in normal saline standard amplification tube.
2. Centrifuge for 1 minute at 14,000 x g.
3. Discard the supernatant.
4. Resuspend the GeneReleaser® mixture by vortexing 2-3 seconds or inverting 5-10 times.
5. Add 20µl of GeneReleaser® suspension to the cell pellet (usually around 10µl pellet volume) and vortex vigorously to resuspend the cell pellet.
6. Place samples onto thermal cycler, with a heated lid, with the following GeneReleaser® program:

Step	Temperature	Time
1.	65°C	30 sec.
2.	8°C	30 sec.
3.	65°C	90 sec.
4.	97°C	180 sec.
5.	8°C	60 sec.
6.	65°C	180 sec.
7.	97°C	60 sec.
8.	65°C	60 sec.
9.	80°C	hold

5. Once program is completed, sample is ready to use as PCR template.
6. Add appropriate volume of mastermix (80µl of a 1.25X master mix containing all components for the amplification)
7. Perform amplification reaction according to your optimized protocol.
  - \* GeneReleaser® treatment can also be performed in the microwave, see procedure on page 2.
8. Serial dilutions of the saliva suspension may be required to establish optimal preparation.

### **GeneReleaser® Protocol for Throat Swab**

1. The swab should be placed in suitable preservation media that is non-inhibitory for PCR.
2. The swab should be mixed vigorously in the media to release any organisms collected on it.
3. Place 1/10 to 1/2 the media in a standard amplification tube.
4. Centrifuge for 1 minute at 14,000 x g.
5. Discard the supernatant, remove as much of the supernatant as possible. If there is a significant volume of liquid remaining on the pellet (10µl or more) then the liquid volume should be estimated and deducted from the volume of GeneReleaser® used to treat the specimen; however, no less than 5µl of GeneReleaser® should be used on a given specimen.
6. Thoroughly resuspend the contents of the GeneReleaser® tube by inverting 10-20 times or vortexing briefly.
7. Add 20µl of GeneReleaser® to cell pellet (usually around 10µl pellet volume) and vortex vigorously to resuspend the cell pellet.
8. Place samples onto thermal cycler, with a heated lid, with the following GeneReleaser® program:

Step	Temperature	Time
1.	65°C	30 sec.
2.	8°C	30 sec.
3.	65°C	90 sec.
4.	97°C	180 sec.
5.	8°C	60 sec.
6.	65°C	180 sec.
7.	97°C	60 sec.
8.	65°C	60 sec.
9.	80°C	hold

5. Once program is completed, sample is ready to use as PCR template.
6. Add appropriate volume of mastermix (80µl of a 1.25X master mix containing all components for the amplification)
7. Perform amplification reaction according to your optimized protocol.
  - \* GeneReleaser® treatment can also be performed in the microwave, see procedure below.

### **Microwave Lysis Protocol:**

We have found that the microwave treatment of specimens affords a rapid sample preparation and facilitates the amplification of the more intractable types of specimens.

#### **A. Evaluation of microwave**

Perform the following experiment to determine the optimal conditions for your tubes and microwave.

1. Place 40µl DI water in the same type of tube that you will be using for GeneReleaser® treatment.
2. Overlay each tube with mineral oil to prevent evaporation.
3. Close the tubes, place in microwave safe rack (polyethylene or propylene) and heat on high for 5 minutes.
4. If any caps pop or tubes distort in any manner, then place a separate beaker in the microwave with 150ml of room temperature DI water and repeat the above 3 steps, the beaker of water serves as a heat ballast.
5. If tubes open or distort, reduce the power by 10% increments and increase time by 1-minute increments repeating step 4 until tubes no longer open or distort.

**Note: Make sure the racks used in this procedure are MICROWAVE SAFE! The 0.2ml tube racks provided by Perkin Elmer for use with their 9600 and 2400 instruments are NOT microwave compatible, they will melt.**

## **B. Microwave Protocol**

1. Perform microwave procedure above for time and power conditions
  2. Place 1 $\mu$ l of specimen with 20 $\mu$ l of GeneReleaser<sup>®</sup> into either a 0.5ml PCR tube or 1.5ml tube.
  3. Vortex the tubes containing specimen and GeneReleaser<sup>®</sup> for ~10 seconds.
  4. Overlay with mineral oil to prevent samples from evaporating.
  5. Place the closed tubes in a microwave safe polyethylene or propylene rack. Make sure that the lids are loosely closed. If lids are closed too tightly tubes could rupture.
  6. Place the rack in a microwave oven and heat at maximum power setting (setting should be based on the microwave evaluation results) for 5-7 minutes. Typically, 5 minutes if wattage is 900 or higher and 7 minutes if wattage is 500.
  7. Remove rack from microwave and centrifuge the tubes at 5000xg for 5 minutes. After centrifuging samples, remove supernatant and use as DNA template.
  8. Perform the amplification reaction.
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## **References:**

Dewhirst FE, Paster BJ, Tzellas N, Coleman B, Downes J, Spratt DA, Wade WG. Characterization of novel human oral isolates and cloned 16S rDNA sequences that fall in the family Coriobacteriaceae: description of *Olsenella* gen. nov., reclassification of *Lactobacillus*  $\mu$ li as *Olsenella*  $\mu$ li comb. nov. and description of *Olsenella* profusa sp. nov. *International Journal of Systematic and Evolutionary Microbiology* 2001 Sept;51:1797–1804.

Tanner AC, Mathney JM, Kent RL, Chalmers NI, Hughes CV, Loo CY, Pradhan N, Kanasi E, Hwang J, Dahlan MA, Papadopolou E, Dewhirst FE. Cultivable Anaerobic Microbiota of Severe Early Childhood Caries. *Journal of Clinical Microbiology* 2011. April; 49 (4):1464-1474.

If you have further questions, please contact us at [support@bioventures.com](mailto:support@bioventures.com). You may also contact us via fax (1-877-286-0330) or through our toll-free phone number (1-877-852-7846).